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'determinants of health related behaviours theoretical and

May 31st, 2020 - number of remendations to guide future research in this area the chapter presents a generic approach to explaining health behaviours focusing on theoretical and methodological issues although a number of different examples of health behav iours are used we do not attempt to review the determinants of particular health behaviours'

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pro change s evidence based outes are from rigorously controlled randomized trials predominately funded by the national institutes of health the outes measure behavior change from baseline to follow up among participants who were not engaging in the healthy behavior at baseline'

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